

长沙市 Changsha City

芙蓉区(Furong District)、天心区(Tianxin District)、岳麓区(Yuelu District)、开福区(Kaifu District)、雨花区(Yuhua District)
浏阳市(Liuyang City)、长沙县(Changsha County)、望城县(Wangcheng County)、宁乡县(Ningxiang County)

株洲市 Zhuzhou City

荷塘区(Hetang District)、石峰区(Shifeng District)、芦淞区(LouSong District)、天元区(Tianyuan District)、醴陵市(Liling City)
株洲县(Zhuzhou County)、攸县(Youxiang County)、茶陵县(Chaling County)、炎陵县(Yanling County)

湘潭市 Xiangtan City

雨湖区(Yuhu District)、岳塘区(Yuetang District)、湘乡市(Xiangxiang City)、韶山市(Shaoshan City)、湘潭县(Xiangtan County)

衡阳市 Hengyang City

珠晖区(zhuhui District)、雁峰区(yanfeng District)、石鼓区(shigu District)、蒸湘区(zhengxiang District)
南岳区(Nanyue District)、耒阳市(Leiyang City)、常宁市(Changning City)、衡阳县(Hengyang County)、衡南县(Hengnan County)
衡山县(Hengshan County)、衡东县(Hengdong County)、祁东县(Qidong County)

邵阳市 Shaoyang City

双清区(Shuangqing District)、大祥区(Daxiang District)、北塔区(Beita District)、武冈市(Wugang City)、邵东县(Shaodong County)
新邵县(Xinshao County)、邵阳县(Shaoyang County)、隆回县(Longhui County)、洞口县(Dongkou County)、
新宁县(Xinning County)、绥宁县(Suining County)、城步苗族自治县(Chengbu Miao Autonomous County)

岳阳市 Yueyang City

岳阳楼区(Yueyanglou District)、云溪区(Yunxi District)、君山区(Junshan District)、汨罗市(Miluo City)、临湘市(Linxiang City)
岳阳县(Yueyang County)、平江县(Pingjiang County)、湘阴县(Xiangyin County)、华容县(Huarong County)

常德市 Changde City

武陵区(Wuling District)、鼎城区(Dingcheng District)、津市市(Jinshi City)、安乡县(Anxiang County)、汉寿县(Huanshou County)
澧县(Li County)、临澧县(Linli County)、桃源县(Taoyuan County)、石门县(Shimen County)

张家界市 Zhangjiajie City

永定区(Yongding District)、武陵源区(Wulingyuan District)、慈利县(Chili County)、桑植县(Shanzhi County)

益阳市 Yiyang City

资阳区(Ziyang District)、赫山区(Heshan District)、沅江市(Yuanjiang City)、南县(Nan County)、桃江县(Taojiang County)、
安化县(Anhuan County)

郴州市 Chenzhou City

北湖区(Beihu District)、苏仙区(Suxian District)、资兴市(Zixing City)、桂阳县(Guiyang County)、永兴县(Yongxing County)、
宜章县(Yizhang County)、嘉禾县(Jiahe County)、临武县(Linwu County)、汝城县(Rucheng County)、桂东县(Guidong County)、
安仁县(Anren County)

永州市 Yongzhou City

芝山区(Zhishan District)、冷水滩区(Lengshuitan District)、东安县(Dongan County)、道县(Dao County)、
宁远县(Ningyuan County)、江永县(Jiangyong County)、江华瑶族自治县(Jianghua Yao Autonomous County)、
蓝山县(Lanshan County)、新田县(Xintian County)、双牌县(Shuangpai County)、祁阳县(Qiyang County)

怀化市 Huaihua City

鹤城区(Hecheng District)、洪江市(Hongjiang City)、中方县(Zhongfang County)、沅陵县(Yuanling County)、
辰溪县(Shenxi County)、溆浦县(Xupu County)、麻阳苗族自治县(Mayang Miao Autonomous County)、会同县(Huitong County)
新晃侗族自治县(Xinhuang Tong Autonomous County)、芷江侗族自治县(Zhijiang Tong Autonomous County)、
靖州苗族侗族自治县(Jinzhou Miao and Tong Autonomous County)、通道侗族自治县(Tongdao Tong Autonomous County)

娄底市 Loudi City

娄星区(Louxing District)、冷水江市(Lengshuijiang City)、涟源市(Lianyuan City)、双峰县(Shuangfeng County)、
新化县(Xinhua County)

湘西土家族苗族自治州 West Hunan Tujia and Miao Autonomous Prefecture

吉首市(Jishou City)、泸溪县(Louxi County)、凤凰县(Fenghuang County)、花垣县(Huayuan County)、保靖县(Baojin County)、
古丈县(Guzhang County)、永顺县(Yongshun County)、龙山县(Longshan County)